



High School Curriculum

Weekly Update # 7

Continue on with F Competency Lesson Plans: Personal Skills-Healthy Lifestyles-obviously, each student increases the chance of excelling academically and/or in the world of work when making positive life choices:

[F31-L1](#) & Supporting Materials-Healthy Lifestyles-Understanding Types of Maturity. This is a reminder to take optimum care of ourselves physically, emotionally and socially. This lesson plan covers approximately 3 days.

[F31-L2](#) & Supporting Materials-Challenges-Understanding Types of Maturity. How to apply critical thinking skills toward life situations. This lesson plan covers approximately 3 days.

To change things up, use this lesson plan for further preparation for the LEAD Montana Conference:

[D21-L1](#)-Developing Listening Skills-Comprehending Verbal Communication & Supporting Materials. Students learn how to be active listeners. This lesson plan covers approximately 3 days.

Remember-the accompanying activities, hand outs and worksheets are found in the drop-down box on the JMG website: [Curriculum](#).

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